Steve Ashton’s 2-row Hung Hem Instructions Prologue:

OK, this may be just a bit long. I’m sorry. Before we start I need to explain how and why I start out. – I make all my needle and yarn changes at the 6:00 position. Due to the angle of the ribber tappet plate this requires me to start and stop the yarn carrier at the 9:00 position with the single exception of advancing the yarn carrier 1/4 turn to the 6:00 position when I do yarn changes.

The very first row is actually only 3/4 of a row. I add the working yarn at 6:00 and crank 3/4 of a row stopping at 9:00 to set up to add the ribber.

From then on all rows are full turns stopping at 9:00.

Step-by-Step Instructions:

1. Set up your machine with set-up bonnet and waste yarn on all cylinder needles. advance the yarn carrier to 6:00 and lay in your project yarn.
2. Zero your row counter and crank 3/4 row of plain (all cylinder) stopping at 9:00. Your row counter should turn over counting this as row 1
3. Crank a second row of all plain. Stop again at 9:00
4. At the 6:00 begin lifting the bar between the stitches of row one up, and onto the needles of row 2. Continue advancing the yarn carrier around behind yourself as you work around, Stop when you get all the way back to 6:00 hanging. Your yarn carrier is back at 9:00 and row counter records row 3 complete. This locks the two rows of plain.

So, you lift the bar between the stitches instead of the actual stitch on row one?

Yea, I find it difficult to find the actual stitches so I tried lifting the bar between the stitches and found I like the result even better.

5. Put the ribber on and begin at 6:00 to transfer the cylinder stitches of the rib pattern you prefer up to ribber needles. Advancing the yarn carrier behind your work.
6. When all your ribber stitches are set up you have worked all the way back to 6:00 and the yarn carrier is back at 9:00. Row 4 is complete.
7. You may now continue just as normal making the cuff you prefer.